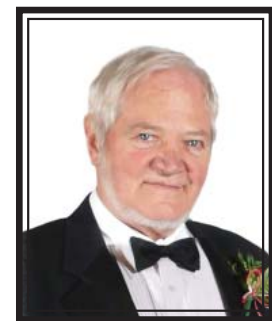


## From the Master :

Brethren,

It was a great evening on Thursday, August 20th. Mr. E. Hernandez and Mr. S. C. Hernandez were initiated into the Entered Apprentice Degree. Their long time dream of becoming Master Masons has started to materialize. They have taken the First step into Masonry. Dozen Members of our Lodge, seven from Amity, and a Brother from La Mesa Lodge took part in the Ceremonies, after which all retired to the Corinthian Hall for by now famous in town, East San Diego refreshments (you know: Other white meat or barbecued meat, all cooked to perfection with roasted potatoes and salad and ice cream). Before midnight everyone was safely headed home.



I hope that you are also checking our web site "Special Events" since there are several worth attending in coming days like: Sept. 2nd at "Pick Up Sticks" restaurant from 11:00am until 9:00pm at 8025 Fletcher Pkwy. The establishment will donate 20% of sales to support The International Order of the Rainbow for Girls, and

on Sept. 9th is Masonic Information Night at the Scottish Rite Center ~ call (619) 293-4888 for reservations.

Brethren, Masonry moves forward by constant support and participation of every member. Keep checking the TB & web site calendar, as well as the "Special Event" items, and plan to be there; like Stated Meetings, Degrees, Mason of the Year (September), Hiram Award (October), Open Lodge - Community Masonic Information Night (November), Voices From the Past - Table Lodge Information (December). And as the song says : "We are family, all my Brothers, Sisters and me..." Looking forward to see you there.

God Bless,  
*Mihailo O'Zdravkovic, P.M.*  
 Master 2009



## SPECIAL NOTES:

• **VETERANS MUSEUM** ~ New exhibit: "History of the Military in San Diego". This display covers the history of several parts of San Diego, including Point Loma, Coronado, Balboa Park, etc. For additional information on this event visit our web site and select "**Special Events #5**".

• **THANK YOU FROM THE PIT BOSS** ~ As Pit Master for the 2009 Ed Denton BBQ, I would like to sincerely than all the Brothers and Ladies who sacrificed their time and energies to help the meat roasting efforts be a success, and make the tasks go smoothly.

Sincerely and Fraternally,  
 Brother Robert Voss



*Worshipful*  
**Jack Eldon Miller, PM**

**BORN: 11/23/1923**  
**PASSED: 08/23/2009**

### REMEMBER OUR SICK & DISTRESSED BRETHREN:

By: *WBro. Abel P. Parra, P.M., Senior Warden*

**George H. Martin** (619) 449-6399  
 1805 Hacienda Drive, El Cajon 92020

**Melvin G. Clark** (619) 571-1223  
 Victoria Special Care Center  
 654 South Anza Street  
 El Cajon, CA 92020

**David Chavez** (619) 463-8344  
 6386 Lake Ariana, San Diego 92119

**K. Jerry Grant & Wife** (619) 434-2272  
 8515 Parkbrook Lane, San Diego 92114

**Robert C. "Red" Englebrecht** (619) 282-0686  
 5050 Canterbury Drive, San Diego 92116

**Steve F. Granados, Sr.** (619) 281-9064  
 2145 Montclair St., San Diego, CA 92104

**Ricardo T. Callera** (619) 271-3111  
 922 Fuschia Lane, San Diego, CA 92154

The **ESD Trestleboard** is a monthly publication of East San Diego Masonic Lodge No. 561 F&AM, located at 7849 Tommy Drive, San Diego CA 92119-1713

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Editor:  
 Brother John Armstrong

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# EVENTS Calendar

<b>September 2009</b>	<p><b>9</b> - Masonic Information Night @ SR [6:00pm - 9:00pm]  <i>Reservations Required • (619) 293-4888</i></p> <p><b>10</b> - Stated Meeting Dinner [6:15pm - 7:15pm]  <i>Dress: Hawaiian</i></p> <p><b>10</b> - Stated Meeting [7:30pm - 9:00pm]  <i>~ 50yr Pin Ceremonies ~</i></p> <p><b>15</b> - Officers Practice 2° [7:00pm - 8:30pm]</p> <p><b>26</b> - Mason of Year Banquet [5:30pm - SRC]</p> <p><b>29</b> - 2° TENATIVE</p>	<b>MENU</b> BEEF STROGANOFF, BBQ CHICKEN, SCALLOPED POTATOES, ZUCCHINI & SQUASH, SEA FOOD PASTA SALAD, BANQUET CAKES, COFFEE, REG & DECAF, PUNCH, MINI SIZED CROISSANTS
<b>October 2009</b>	<p><b>2 thru 4</b> - Grand Lodge Annual Communication</p> <p><b>8</b> - Stated Meeting Dinner [6:15pm - 7:15pm]</p> <p><b>8</b> - Stated Meeting [7:30pm - 9:00pm]</p> <p><b>22</b> - #561 Hiram Award: Brother Jack Samford - <i>TENATIVE</i></p>	<b>MENU</b> BEEF KABOB, ROAST PORK, BABY RED POTATOES, STEAMED CABBAGE, CHINESE CHICKEN SALAD, CHERRY PIE, COFFEE, REG & DECAF, PUNCH, ASSORTED ROLLS
<b>November 2009</b>	<p><b>12</b> - Stated Meeting Dinner [6:15pm - 7:15pm]</p> <p><b>12</b> - Stated Meeting [7:30pm - 9:00pm]</p> <p><b>22</b> - ESD Masonic Info - Open House [5:00pm - 8:30pm]</p>	<b>MENU</b> SLICED TURKEY, HONEY BAKED HAM MASHED POTATOES, GREEN BEANS SEAFOOD PASTA SALAD, PUMPKIN PIE COFFEE, REG & DECAF, PUNCH, ASSORTED BREADS

## MASONIC EDUCATION

*A* **CONCISE HISTORY OF FREEMASONRY: (...Continued) Proven History - Pre 1700:** Next, we know that the London Company of Freemasons were granted Arms in 1473 and their coat included three castles and compasses and were incorporated within Metropolitan Grand Lodge of London's arms upon inauguration in 2003.

In 1583, a William Schaw was appointed by King James VI (later James I of England) as Master of the Work and Warden General. In 1598 he issued the first of the now famous Schaw Statutes which set out the duties its members owed to their Lodge. It also imposed penalties for unsatisfactory work and prohibited work with unqualified masons. More importantly for Freemasons today, Schaw drew up a second Statute in 1599. The importance of this document lies in the fact that it makes the first veiled reference to the existence of esoteric knowledge within the craft of stone masonry. It also reveals that The Mother Lodge of Scotland, Lodge Kilwinning No. 0 existed at that time. His regulations required all lodges to keep written records, meet at specific times and test members in the Art of Memory. As a consequence he is regarded by some as the founder of modern Freemasonry as we know it today. On the right is a photo of the ruins of the Chapter House, the site of Kilwinning's first Lodge meetings.

The earliest known record of a Masonic initiation anywhere is that of John Boswell, Laird of Auchenleck, who was initiated in the Lodge of Edinburgh according to the lodge minutes of 8 June 1600. That lodge was Operative and Boswell appears to be an example of one of the earliest Speculative initiations and adds weight to a case for the Transition Theory of Freemasonry, at least in Scotland. The earliest records of an initiation in England include Sir Robert Moray in 1641 and Elias Ashmole in 1646. Abroad, the first native-born American to be made a Mason was probably Jonathan Belcher, in 1704, who was then the Governor of Massachusetts.

Ashmole was a renowned author and scholar and knew contemporary Great Thinkers of the day including Robert Boyle, Sir Robert Moray, Christopher Wren, Isaac Newton and Dr John Wilkins – all early members of the Royal Society, which began its life as the Invisible College, an organization at one time led by Francis Bacon, before securing a Royal Charter from Charles II in 1662. It is understood the Invisible College often met in the early years in the Compton Room at Canonbury Tower in North London, a room embellished with wood panel carvings of Masonic significance commissioned by Bacon like the one below. (...*To Be Continued*)

*This is a "NO MYTHS ALLOWED" section (FORUM). The topics covered in this forum are to facilitate a better understanding of the history, obligations and responsibilities of and for every Master Mason. If there's a Masonic Educational message you believe serves this intent, please submit the information, in writing, to the **ESD Trestleboard** for listing consideration.*



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# RECEIPE OF THE MONTH

## STUFFED PEPPERS:

**Material:** Three to four heads of cabbage (leaves as smooth as possible) One 32oz jar of sauerkraut or two 15oz cans of the same, cup of rice, one egg, one large onion, two pounds of beef, one pound of pork all ground, one packet of two to four smoked ham hocks, one packet of smoked pork neck bones; spices (oregano, pepper, paprika, ginger, cumin powder, salt, one packet of Sloppy Joe or Chilly spice), three-tablespoons salt and three-ozs of vinegar.

**Preparation:** put hocks and neck bones in pot and cover well with water and keep boiling on low for several hours until meat cleaves from the bones; throw bones away and keep meat pieces and water. Put beef and pork in skillet, add finely chopped onion, when meat starts getting brown add rest of the spices and rice, mix well and after few minutes take off heat. Bring one to two gallons of water to boil adding salt and vinegar, with sharp pointed knife cut the heart out of the cabbage head and dump them one-by-one into the boiling water for couple of minutes until leaves start falling off. Take leaves out and pile on large plate, slice away part of stems if to thick. Take couple of largest leaves and put on the bottom of the pot, spread about two thirds of the sour crout and spread meat from hocks and neck bones. Now add egg to the skillet and mix well with the meat and start rolling cabbage rolls arranging them on the bottom, when finished add sauerkraut on top and cover with left over little leaves Pour hocks water and add either water or broth to cover completely. Cook either in the oven or on top covered for several hours (about five) on low.

**ENJOY**

### ESD #561

#### Masonic Hall Association

Meets on the 3rd Monday of  
- October @ 7:00pm -



George Martin, PM	President	(619) 449-6399
Will Hays, PM	Treasurer	(619) 265-7377
Allen Beddoe, PM	Secretary	(858) 279-5163
Ed Bennett, PM	Member	(619) 461-4050
David Kraft	Member	(619) 582-9364
Vern Cable	Member	(619) 460-7483
Mike Zdravkovic, PM	Ex-Officio	(619) 691-9516
Abel Parra, PM	Ex-Officio	(619) 477-4977

### Lodge Officers

Mike Zdravkovic, PM (Debra)	Master	(619) 426-5552
Abel Parra, PM (Hermelina)	Senior Warden	(619) 474-2243
Lee Plastik, PM	Junior Warden	(858) 467-1366
Will Hays, PM (Norma)	Treasurer	(619) 265-7377
John Armstrong (Marilyn)	Secretary	(619) 749-5829
Robert Royal (Birdie)	Chaplain	(619) 448-0302
Jack Samford (Deidra)	Senior Deacon	(619) 462-0424
Thomas Lee (Claire)	Junior Deacon	(619) 660-1582
Ray Fernandez (Mitzi)	Marshal	(619) 757-0030
Jonathan M. Flint	Sr. Steward	(619) 244-2512
None	Jr. Steward	
None	Organist	
Robert Voss (Janet)	Tiler	(619) 589-0124
Abel Parra, PM (Hermelina)	Candidates Coach	(619) 474-2243
Gary D. Miller, PM (Kathy)	Officers Coach	(619) 390-9050

**Inspector, 921st Masonic District:** David Haslim, PM (858) 695-8407

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### Our Masonic Family

**Estrella Chapter No. 412, Order of the Eastern Star**  
(Meets 1st and 3rd Tuesday of the Month at 7:30 pm)

Suzann Wallace ~ Worthy Matron  
Tom Nilson ~ Worthy Patron



**Myrtle Assembly No. 155, Rainbow for Girls**  
(Meets 2nd and 4th Wednesday of the Month at 7:00 pm)

Brittani Chilson  
Worthy Advisor



[www.gorainbow.org](http://www.gorainbow.org)

Trestleboard



September 2009

Issue: 8

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East San Diego Masonic Lodge  
No. 561, F&AM  
*(In the Community of San Carlos)*

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