

## From the Master :

Brethren,

It is with great pleasure that I can report to you that our Yearly "Ed Denton Barbeque" was a success,

Many thanks go to the PIT BOSS Brother Bob Voss who had amassed enough helpers and advisers to get the job done on time and bring to the kitchen great tasting meat. He was able to add a personal note and improve on the traditional superb taste with some of his own, personal secret ingredients. He, his family, and some assistants and advisors worked from Friday until Sunday morning with very little rest.

Worshipful Abel Parra organized the kitchen and bringing of the food, drinks, and condiments necessary to please the pallet of the guests and all brethren and families who attended.

Worshipful Will Hays has set up and organized dining area as well as the serving line which functioned perfectly making sure that every guest received the food of their choice and desire.

Brother John Armstrong was in the greeting and ticketing line during the event and did an excellent job, while our newer members, Brethren Tom Lee, Ray Fernandez, Jonathan Flint, & Trey Faith worked in all stations without the rest from Saturday to late Sunday afternoon.

I am glad to say : Great work everybody and thanks to all who took the effort to attend with their friends and families making this "An Event to Remember". Brother Ernie Wallace was missed this year since his expert meat cutting and tools of trade could not be replicated.

We have a lot of work ahead of us: possibly two First Degrees in August, three Second Degrees in September/October and likewise three Third Degrees by the end of the year. The Lodge Officers will work on their respective qualifications and rest of the Brethren will hopefully attend.

The East San Diego Lodge will host and conduct Masonic Information Event on Sunday October 25th at 5.00 p.m. for our wider community. For more information call Master at 619-272-8506.

God Bless,  
**Mihailo O'Zdravkovic, P.M.**  
 Master 2009



## SPECIAL NOTES:

• **E-MAILING OF TRESTLEBOARD** ~ Starting in August 2009 the ESD Trestleboard will arrive to our e-mail capable Brothers via that media. Those without e-mail capability will continue receiving the publication by regular mail.

• **NEW LEADERSHIP COURSE ONLINE** ~ All parts of the five-course Lodge Management Certification Program, is now available online. This makes all Leadership programs available for online completion. Access leadership courses by clicking on the Member Center pull-down menu at the top of www.freemason.org then select Leadership Development.



### REMEMBER OUR SICK & DISTRESSED BRETHREN:

By: *WBro. Abel P. Parra, P.M., Senior Warden*

- |                                         |                |
|-----------------------------------------|----------------|
| <b>David Chavez</b>                     | (619) 463-8344 |
| 6386 Lake Ariana, San Diego 92119       |                |
| <b>K. Jerry Grant &amp; Wife</b>        | (619) 434-2272 |
| 8515 Parkbrook Lane, San Diego 92114    |                |
| <b>George S Moyse</b>                   | (760) 942-8201 |
| 1808 Forestdale Dr, Encinitas 92024     |                |
| <b>Red Englebrecht</b>                  | (619) 282-0686 |
| 5050 Canterbury Drive, San Diego 92116  |                |
| <b>Steve F. Granados, Sr.</b>           | (619) 281-9064 |
| 2145 Montclair St., San Diego, CA 92104 |                |
| <b>Ricardo T. Callera</b>               | (619) 271-3111 |
| 922 Fuschia Lane, San Diego, CA 92154   |                |

The **ESD Trestleboard** is a monthly publication of East San Diego Masonic Lodge No. 561 F&AM, located at 7849 Tommy Drive, San Diego CA 92119-1713

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Editor:  
 Brother John Armstrong

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# EVENTS Calendar

<b>August 2009</b>	<p><b>8</b> - All Masonic Family Picnic "FREE" [9:00am - 3:00pm]  <i>Location: Admiral Baker Recreation Area</i>  <i>Advanced reservations required - contact S.R.</i></p> <p><b>13</b> - Stated Meeting Dinner [6:15pm - 7:15pm]  <i>Dress: Hawaiian - Shirt, Slacks, no flip-flops.</i></p> <p><b>13</b> - Stated Meeting [7:30pm - 9:00pm]</p> <p><b>20</b> - Two 1° [7:00pm - 9:30pm]</p>	<b>MENU</b>
		MEAT LOAF, CHICKEN TERIYAKI, RICE PILAF, GREEN BEANS ALMANDINE, CAESAR TOSSED SALAD, BROWNIES, COFFEE, REG & DECAF, PUNCH
<b>September 2009</b>	<p><b>9</b> - Masonic Information Night @ SR [6:00pm - 9:00pm]  <i>Reservations Required • (619) 293-4888</i></p> <p><b>10</b> - Stated Meeting Dinner [6:15pm - 7:15pm]</p> <p><b>10</b> - Stated Meeting [7:30pm - 9:00pm]                  ~ 50yr Pin Ceremonies ~</p>	<b>MENU</b>
		BEEF STROGANOFF, BBQ CHICKEN, SCALLOPED POTATOES, ZUCCHINI & SQUASH, SEA FOOD PASTA SALAD, BANQUET CAKES, COFFEE, REG & DECAF, PUNCH, MINI SIZED CROISSANTS
<b>October 2009</b>	<p><b>2 thru 4</b> - Grand Lodge Annual Communication</p> <p><b>8</b> - Stated Meeting Dinner [6:15pm - 7:15pm]</p> <p><b>8</b> - Stated Meeting [7:30pm - 9:00pm]</p> <p><b>22</b> - #561 Hiram Award: Brother Jack Samford - <i>TENATIVE</i></p> <p><b>25</b> - Masonic Information - Open House [5:00pm - 8:30pm]</p>	<b>MENU</b>
		BEEF KABOB, ROAST PORK, BABY RED POTATOES, STEAMED CABBAGE, CHINESE CHICKEN SALAD, CHERRY PIE, COFFEE, REG & DECAF, PUNCH, ASSORTED ROLLS

## MASONIC EDUCATION

*A* **CONCISE HISTORY OF FREEMASONRY: (...Continued) Rosslyn Chapel:** No discussion on Masonic history would be truly complete without a reference to Rosslyn Chapel, situated 5 miles south of Edinburgh and built in 1446 by Sir William Sinclair whose family had deep Templar ancestry and alledged family ties back to Hugues de Payens. Rosslyn Chapel took 40 years to build and is highly embellished with Templar, Enochian and possibly some Masonic imagery. Given that it was constructed in an age when books could be censored or burned, it seems that William Sinclair was intent on leaving permanent and peculiar encoded messages in the fabric of the chapel for posterity.

The chapel contains the astounding "Apprentice Pillar" and numerous other intriguing stone carvings – one, on an external window even depicts some form of initiation. Curiously, the official Rosslyn Chapel guidebook states that the William St. Clair, brother of Edward, was granted the Charters of 1630 from the Masons of Scotland, recognising that the position of Grand Master Mason of Scotland had been hereditary in the Sinclair family since it was granted by James II in 1441, the original charter having been destroyed in a fire. Whilst the relevance of Rosslyn Chapel within Freemasonry is highly controversial, its architectural features and carvings are outstanding and well worth a visit.

### Proven History: Pre 1700

So much for legend, what about the facts? It is acknowledged that the Regius Manuscript held in the British Museum is the oldest genuine record of Masonic relevance and was written in @ 1390. Its author was probably a priest and this MS takes the form of an historical and instructional poem. Interestingly , the phrase "So Mote it be" is first quoted from this text. Next, it is important to consider the Cooke Manuscript (also in the British Museum) written by a Speculative mason in 1450. This is an important document because many current Masonic usages (eg the Constitutions written by Anderson in 1723) have obviously borrowed heavily from its content, which includes reference to the seven Liberal Arts and Sciences and the building of Solomons Temple. There are approximately 100 manuscripts, collectively known as the Old Charges, grouped together in four families held by various museums worldwide. (...*To Be Continued*)

*This is a "NO MYTHS ALLOWED" section (FORUM). The topics covered in this forum are to facilitate a better understanding of the history, obligations and responsibilities of and for every Master Mason. If there's a Masonic Educational message you believe serves this intent, please submit the information, in writing, to the **ESD Trestleboard** for listing consideration.*

# RECEIPE OF THE MONTH

## STUFFED PEPPERS:

**Material:** Dozen mid to small size bell peppers (any color), Pound of beef, half pound of pork all ground, half a cup of rice, two mid size onions, seasoning, two eggs and big can of tomato juice, cooking pot with cover.

**Put meat in skillet**, lightly brown, drain meat out, and add cut onions in quarter inch or smaller squares into grease and cook until translucent, add rice and spices and meat, mix well. Leave to cool somewhat.

**Arrange peppers** in pot to see that standing they cover all bottom. You can add a whole potato or two to fill the spot if needed. Wash peppers, cut the stems as short as possible, with paring knife cut around the top making a circle quarter to half dollar size take it out, cut seeds part flat and take out any seeds left in peppers, if you like, you can now rub inside of pepper with a bit of salt.

**Add eggs** to meat mixture mix well and stuff peppers, close with tops, pore tomato juice and if need be add water to just barely cover peppers, cover and cook slowly on the stove top, high first and then medium to slow for about an hour. Serve with New Hampshire sour cream / crema Mex / crema Guatemala / yogurt or nothing.

**ENJOY!**

### ESD #561

#### Masonic Hall Association

Meets on the 3rd Monday of  
- October @ 7:00pm -



George Martin, PM	President	(619) 449-6399
Will Hays, PM	Treasurer	(619) 265-7377
Allen Beddoe, PM	Secretary	(858) 279-5163
Ed Bennett, PM	Member	(619) 461-4050
David Kraft	Member	(619) 582-9364
Vern Cable	Member	(619) 460-7483
Mike Zdravkovic, PM	Ex-Officio	(619) 691-9516
Abel Parra, PM	Ex-Officio	(619) 477-4977

### Lodge Officers

Mike Zdravkovic, PM (Debra)	Master	(619) 426-4308
Abel Parra, PM (Hermelina)	Senior Warden	(619) 474-2243
Lee Plastik, PM	Junior Warden	(858) 467-1366
Will Hays, PM (Norma)	Treasurer	(619) 265-7377
John Armstrong (Marilyn)	Secretary	(619) 749-5829
Robert Royal (Birdie)	Chaplain	(619) 448-0302
Jack Samford (Deidra)	Senior Deacon	(619) 462-0424
Thomas Lee (Claire)	Junior Deacon	(619) 660-1582
Ray Fernandez (Mitzi)	Marshal	(619) 757-0030
None	Sr. Steward	
None	Jr. Steward	
None	Organist	
Robert Voss (Janet)	Tiler	(619) 589-0124
Abel Parra, PM (Hermelina)	Candidates Coach	(619) 474-2243
Gary D. Miller, PM (Kathy)	Officers Coach	(619) 390-9050

**Inspector, 921st Masonic District:** David Haslim, PM (858) 695-8407

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### Our Masonic Family

**Estrella Chapter No. 412, Order of the Eastern Star**  
(Meets 1st and 3rd Tuesday of the Month at 7:30 pm)

Suzann Wallace ~ Worthy Matron  
Tom Nilson ~ Worthy Patron



**Myrtle Assembly No. 155, Rainbow for Girls**  
(Meets 2nd and 4th Wednesday of the Month at 7:00 pm)

Brittani Chilson  
Worthy Advisor



[www.gorainbow.org](http://www.gorainbow.org)

ESD  
**Trestleboard**



**August 2009**

Issue: 7

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